

Freeman's Endowed Church of England Junior Academy Newsletter

'Let us not love with words or speech but with actions and in truth.'

1 John 3:18

Healthy Eating Week

As it is Healthy Eating Week we would like to gently remind you that a balanced diet is essential in allowing children to be ready to learn. We know how difficult it can be to get our children to eat the right foods so I have added a link to some ideas which may help. <https://www.nhs.uk/healthier-families/recipes/healthier-lunchboxes/> In addition can we remind you that we are a **nut free school** and that our breaktime snack should ideally be fruit or vegetables.



Why not get your children involved in cooking a healthy meal? We would love to see pictures of their culinary efforts. Please email pictures to sarah.sadler@freemansendowed.org

Ice Poles & Uniform Sale

A reminder that ice poles will be sold every Friday after school. We will also have uniform on sale in the playground next week.

Mental Health Day

We are celebrating a mental health day in school on **Friday 24th June**. Pupils can wear **non-uniform** and bring in **£1**. The money raised will go back into pupil wellbeing resources and events.

Pupils will be enjoying painting with SomethingLessBoring who have provided us with our very own tutorial, treating their bodies to some kindness with Little Lotus and enjoying some in-class activities with the positivity/affirmation resources we purchased with the money from the last mental health day.

Parent Questionnaire

We are always looking for ways to improve at Freeman's Endowed Church of England Junior Academy and it is really important for us to know your thoughts about the school. Your views and opinions provide us with a lot of very valuable information regarding what we do well and areas to improve or consider. Therefore, we are asking parents and carers to fill in this questionnaire, which can be found using the following link: <https://s.surveypal.com/24yirqnt>

Thank you very much.



After school on **Wednesday 13th July**, we will be holding our Summer Fair! This event will take place on the school playground starting at 3.30pm. Each class will be organising and running a stall in order to raise money for the 'Friends of Freeman's'. Our school council has chosen activities such as 'sponge the teacher' and a penalty shoot out; we hope you are able to join us for an hour of fun! There will be a Tombola, a raffle, a cake stall, lots of games and activities, refreshments, short performances and an opportunity to buy your child's framed artwork.

To help to make this event a success, we will be asking for a number of donations. There will be a mufti day on **Thursday 30th June**. Instead of paying for this event, we are asking for the following donations:

Year 3- Chocolate or sweets for the children's Tombola

Year 4- Chocolate or sweets for the children's Tombola

Year 5- Bottles for the adult bottle Tombola

Year 6- Bottles for the adult bottle Tombola



If you are able to volunteer for an hour or so on the day, to either help set up, run a stall or help pack away, please contact either v.ellwood@freemans.pdet.org.uk or l.graves@freemans.pdet.org.uk . We would love to make this a real community event.

Boys Cricket

A massive well-done to the Year 5 and 6 boys' cricket team who came 6th out of 12 teams in a very competitive tournament. They demonstrated excellent sportsmanship and the school values very well.



[Year 4 Multiplication Tables Check](#)

Children in Year 4 will be participating in the multiplication tables check in June.

The purpose of the check is to determine whether your child can fluently recall their times tables up to 12, which is essential for future success in mathematics. Further information for parents can be found using the following link:

[Information for parents: 2022 multiplication tables check \(publishing.service.gov.uk\)](https://publishing.service.gov.uk)

[Friends of Freeman's](#)

We are asking parents and carers out there to consider supporting our school by joining our 'Friends' association. The 'Friends of Freeman's' support us with fundraising and by providing enrichment activities for the children. A PTA can start with as little as 2 parents! If you are at all interested please contact us on f.hull@freemans.pdet.org.uk or j.taylor@freemans.pdet.org.uk



Grab a Jab at

Penrith Childrens Centre, Wellingborough



- Penrith Drive, Off Queensway, Wellingborough, NN8 3XL
- Monday 20 and Tuesday 21 June 2022
- 9am to 5pm
- 1st and 2nd doses for all aged 5 years upwards
- Boosters for all eligible groups

* If you are under 18 your 2nd dose should be at least 12 weeks after your 1st dose
For ages 18+ your 2nd dose must be at least 8 weeks after your 1st dose

Mobile vaccination service – no booking required!

Our **Values Champions** this week are:

Year 3: Summer

Year 4: Olly

Year 5: Elliott

Year 6: Edie

Well done to all of our Values Champions!



Stars of the Week:

Year 3: **Dahl Class:** Millie

Donaldson Class: Zara R

Year 4: **Kerr Class:** Archie

Zephaniah Class: Laishia

Year 5: **Rowling Class:** Caiden

Horowitz Class: Elise

Year 6: **Pullman Class:** Isabelle

Morpurgo Class: Zak

Well done to all of our Stars of the Week for showing outstanding behaviour and excellent effort in their work.

Presentation Awards

Year 3: **Dahl Class:** Daijah

Donaldson Class: Talisha

Year 4: **Kerr Class:** Deniz

Zephaniah Class: Muna

Year 5: **Rowling Class:** Jamie

Horowitz Class: Rayhan

Year 6: **Pulman Class:** Calleigh

Morpurgo Class: Jakub

Dojo Champions of the Week



Our Class of the Week with the highest number of Dojo points is Zephaniah Class!
Our House of the Week with the highest number of Dojo points is the Mercedes House!

Out of School Awards

Shiv - taekwondo blue belt

Well done to you all for your hard work out of school.

Great work - Year 5!

In DT this week, the children have been investigating the properties of materials and their possible use when making slippers. They have also made a mockup of a slipper so that they understand the structure of a slipper before they design their finished piece.

In history this week, we have been asking historical questions about how the school industry was affected by the two world wars. They found out that working in a school factory was a reserved occupation but many men did go to war; women replaced their roles. They also discovered that over 50 million pairs of boots were made in Northamptonshire during World War I.



Is there a correlation between your height and your shoe size? This was the question we asked in science this week. The children drew around their feet and measured the longest part. They then measured their height. This information was then entered into a database on Purple Mash and the children used this data to answer the question. We concluded that although not everybody's data fitted the pattern, you could generally say that the taller you are, the bigger your feet!

Wellbeing

The Government has announced a cost of living payment to those entitled to some benefits. The payments will be made in July and October. For more information please use this link <https://www.gov.uk/guidance/cost-of-living-payment#full-publication-update-history>

Hemmingwell Foodbank

Now on every Thursday from 2.00pm-3.30pm at the Hemmingwell Community and Skills Centre. £5 donation for food but the food you choose is worth a lot more than that. Please bring your own bags and just one family at a table at a time.

Wellingborough Library

Summer Reading Challenge 2022



Presented by The Reading Agency.
Delivered in partnership with libraries.



The Summer reading challenge is open to anyone aged 4-11 and starts 9th July - middle of September. There are competitions, games and activities to do.

Follow the link for more information <https://summerreadingchallenge.org.uk/>

What Parents & Carers Need to Know about

TWITCH

Twitch is a livestreaming service which tends to focus on gaming. Users can publicly broadcast their gameplay and commentary online for other users to watch. It's a community-driven platform where viewers can support their favourite streamers' channels through PayPal donations, "Bits" and more. Each streamer or group creates their own community for fans to interact with each other. Twitch has more than 15 million daily active users and includes non-gaming topics such as music, cooking and art. Anyone can create a channel to livestream or watch videos.

WHAT ARE THE RISKS?

UNCENSORED STREAMS

Uncensored content obviously carries a greater risk of inappropriate language and behaviour (streamers can, however, list their broadcast as unsuitable for children). Twitch has strict rules for streamers to follow, but requires viewers to report any streams which breach these guidelines. Each livestream is accompanied by a text chat which it is the streamer's responsibility to moderate.

INAPPROPRIATE CONTENT

Most people are already aware that some video games feature adult content such as violence, sexual content, profanity and so on. Twitch does prevent certain games from being streamed on the platform, but most are still allowed. It is relatively simple, then, for a child to find livestreams of games that aren't suitable for them – including horror games.

HIDDEN COSTS

Twitch is free to use because it's supported by advertisers. Removing the ads requires a subscription to Twitch Turbo – or the Twitch Prime package (free for anyone with an Amazon Prime account), which blocks the ads and offers additional goodies such as bonus games. Streamers earn most of their income by asking users for direct donations or gifts of the virtual currency Twitch Bits.

CONTACT FROM STRANGERS

As well as streamers talking directly to their audience, Twitch enables viewers to use text chat to speak to the person they're watching. It's a social platform which also allows viewers to interact with each other via text while they are watching livestreams – including exchanging private messages. This raises the possibility of a child being approached and messaged online by total strangers.

WEBCAM SHARING

It's common for streamers to use their live webcam footage. This allows better interaction with their viewers, but also adds risk: the stream might include sponsored content or product placement that isn't child friendly. Using a webcam in livestreams increases the chance of malicious viewers finding out where the streamer lives and provides bullies with visual reactions to their hurtful behaviour.

PRIVATE CHAT ROOMS

Twitch encourages streamers to create their own communities, which extend beyond its platform. Many create a public Discord group, for example, for viewers to join and communicate with each other. Discord is a completely separate entity to Twitch and offers a higher risk of predators, grooming and cyberbullying if your child gets involved in the voice or video chat with strangers.

Advice for Parents & Carers

EXPLORE IT YOURSELF

Twitch doesn't have any parental controls, but it is possible to block troublesome users if it becomes necessary. The best solution is to watch some Twitch channels by yourself or with your child to find some that are suitable. Watching some streams by yourself is also a good route to understanding the sort of content that your child would be consuming regularly on Twitch.

WATCH WHAT THEY WATCH

Twitch does have a lot of child-friendly content; some streamers use a 'family friendly' tag to highlight material that's suitable for children. However, anyone can use this tag – including users who (accidentally or otherwise) stream games with less appropriate adult themes. The best way to counter this is to view different streams and follow suitable channels for your child to watch.

LEARN HOW TO BLOCK

'Security and Privacy' in Twitch's settings lets your child block messages from specific users. Teaching your child how this works will help them avoid online abuse. If they livestream, knowing how to block people in the chat also helps to prevent cyberbullying or harassment. Evading online interaction is impossible, of course, so talk to them in advance about boundaries and safe online communication.

LIMIT PAYMENT OPTIONS

Reduce the chance of accidental purchases by ensuring your bank card isn't saved on Twitch or the Amazon account that Twitch Prime could be linked to. Restricting access to your PayPal account is also wise if your child watches Twitch on the device you use to make purchases. Explain to your child that they don't need to subscribe to channels to watch them and that donating or gifting 'Bits' is optional.

Meet Our Expert

Clara Godwin (a.k.a. Lunawolf) has worked as an editor and journalist in the gaming industry since 2015, providing websites with event coverage, reviews and gaming guides. She is the owner of Lunawolf Gaming and is currently working on various gaming-related projects including game development and writing non-fiction books.



National Online Safety

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